## Appendix E

## **Sweetpotatoes WebQuest**



Directions: Using the following website address link to the

webpage for the North Carolina SweetPotato Commission: <u>www.ncsweetpotatoes.com</u>

Search through the website to find the answers to these questions.

1. What is the difference between a yam and a sweetpotato?

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- 2. Explain how your store sweetpotatoes?
- 3. List the 4 types of sweetpotatoes
- 4. What are the different ways to cut a sweetpotato?
- 5. What are 3 benefits of eating a sweetpotato?

6. How many calories are in 1 medium sweetpotato?

- 7. What state is the number one in sweetpotato production? \_\_\_\_\_\_
- 8. True or False? Sweetpotatoes are too sweet for diabetics.
- 9. About how many growers make up the NC SweetPotato Commission?
- 10. True or False? Sweetpotatoes should be stored in the refrigerator to avoid decay
- 11. Review the website and write down 3 things you learn about NC Sweetpotatoes.
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