**Appendix E**

**Sweetpotatoes WebQuest**

Directions: **Using the following website address link to the webpage for the North Carolina SweetPotato Commission:** [**www.ncsweetpotatoes.com**](http://www.ncsweetpotatoes.com)

**Search through the website to find the answers to these questions.**

1. What is the difference between a yam and a sweetpotato?

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1. Explain how your store sweetpotatoes?
2. List the 4 types of sweetpotatoes
3. What are the different ways to cut a sweetpotato?
4. What are 3 benefits of eating a sweetpotato?
5. How many calories are in 1 medium sweetpotato? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. What state is the number one in sweetpotato production? \_\_\_\_\_\_\_\_\_\_
7. True or False? Sweetpotatoes are too sweet for diabetics. \_\_\_\_\_\_\_\_\_\_
8. About how many growers make up the NC SweetPotato Commission? \_\_\_\_\_\_\_\_
9. True or False? Sweetpotatoes should be stored in the refrigerator to avoid decay
10. Review the website and write down 3 things you learn about NC Sweetpotatoes.

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