**Sweetpotato – Healthy Snacks - Appendix B**

**Kitchen/Food Lab Duties Reflection Sheet**

Directions: At the end of the lab, answer the questions about the Kitchen/Food lab experience.

**Use complete sentences in answering the following….**

**1.**   **How did your entrée’ taste?**

**2.**   **How would you have changed the recipe?**

**3.**   **What would you have done differently in the job you held for this lab?**

**4.**   **What helpful advice could you give the next person on your team who does this job next time?**

**5.**   **What grade do you think you individually deserve? Why?**

**6.**   **Did your team work well together in this lab? Why or Why not?**

**7.**   **What grade do you think your group collectively deserves? Why?**

**8.**   **Could and/or would you make this item at home? Please explain.**