

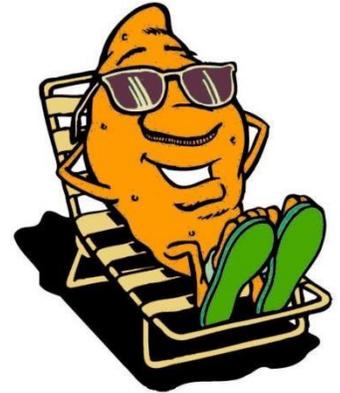
# Sweet Potatoes

## Technology Lesson Plan

**Objectives:** To provide practice in obtaining information through use of internet resources.

**Materials Provided:** Lesson activity

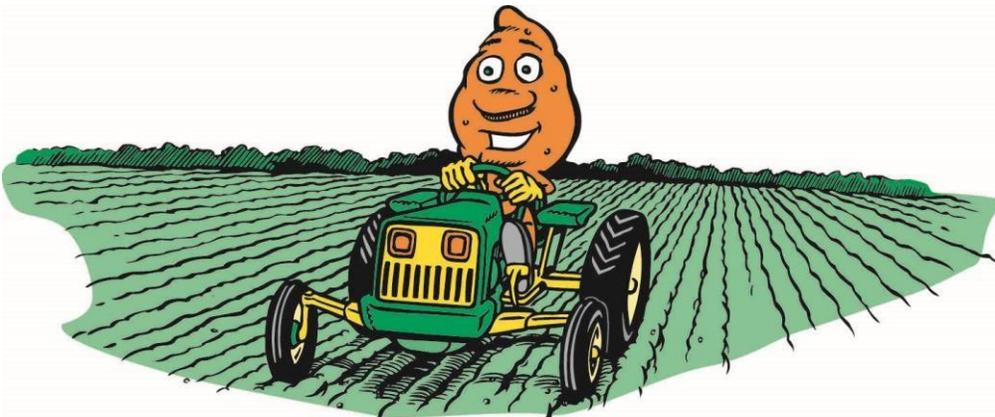
**Materials Needed:** Computers with internet access



### Activity:

Have students locate the website address for the North Carolina Sweet Potato Commission. Allow students to access the NCPSC website and browse the pages. Provide students with the Scavenger Hunt worksheet and allow them to work individually or in pairs to find and respond to Scavenger Hunt items. Conclude the activity with a discussion of the activity. Allow students to brainstorm activities that can be outgrowths of their website visit.

When students have completed the website visit, allow them to use the email address, [communications@ncsweetpotatoes.com](mailto:communications@ncsweetpotatoes.com). They may wish to comment, question, or offer a suggestion. They will certainly want to share any replies they receive.

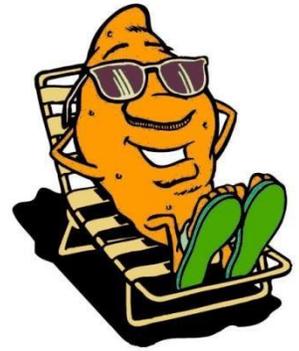


# Sweet Potatoes

## Online Scavenger Hunt

Use the following website address to access the webpage for the North Carolina Sweet Potato Commission: [www.ncsweetpotatoes.com](http://www.ncsweetpotatoes.com).

Enjoy the webpage and find the answers to these questions.



1. What is the email address to contact the NC Sweet Potato Commission?  
\_\_\_\_\_

2. How many calories are in 1 medium sweet potato?  
\_\_\_\_\_

3. At what temperature should you bake Sweet Potato Biscotti? \_\_\_\_\_

4. In what century did the South begin cultivating sweet potatoes? \_\_\_\_\_

5. What year did the NC Sweet Potato Commission begin? \_\_\_\_\_

6. True or False? Sweet potatoes are too sweet for diabetics. \_\_\_\_\_

7. What state is the number one in sweet potato production? \_\_\_\_\_

8. About how many growers make up the NC Sweet Potato Commission? \_\_\_\_\_

9. What recipes in the Mains category might make you think of breakfast *and* dinner?  
\_\_\_\_\_

10. True or False? Sweet potatoes should be stored in the refrigerator to avoid decay.  
\_\_\_\_\_

# Sweet Potatoes

## Online Scavenger Hunt Answer Key

Use the following website address to access the webpage for the North Carolina Sweet Potato

Commission: [www.ncsweetpotatoes.com](http://www.ncsweetpotatoes.com). Enjoy the webpage and find the answers to these questions.



1. What is the email address to contact the NC Sweet Potato Commission?  
[kelly@ncsweetpotatoes.com](mailto:kelly@ncsweetpotatoes.com) or [communications@ncsweetpotatoes.com](mailto:communications@ncsweetpotatoes.com)
2. How many calories are in 1 medium sweet potato? 103 calories
3. At what temperature should you bake Sweet Potato Biscotti? 350°F
4. In what century did the South begin cultivating sweet potatoes? 16<sup>th</sup> century
5. What year did the NC Sweet Potato Commission begin? 1961
6. True or False? Sweet potatoes are too sweet for diabetics. False
7. What state is the number one in sweet potato production? North Carolina
8. About how many growers make up the NC Sweet Potato Commission?  
Approximately 400
9. What recipe in the Mains category might make you think of breakfast *and* dinner? Sweet Potato Breakfast Pizza , Breakfast Egg Stuffed Sweet Potatoes, Curried Egg Muffin Cups and Sweet Potato Egg Hash Cups (Any would be acceptable answers)
10. True or False? Sweet potatoes should be stored in the refrigerator to avoid decay. False